



FREEDOM HIGH SCHOOL INDOOR TRACK THE SCHEDULE *(2009-2010 Edition)*

Mon., Nov 16th	First Day of Practice	Freedom High School	Woodbridge, VA
Wed., Dec 2nd	Prince William County Meet	Gar-Field High School	Woodbridge, VA
Wed., Dec 9th	Prince William County Meet	Freedom High School	Woodbridge, VA
Sat., Dec 12th	Potomac Winter Festival	Potomac High School	Dumfries, VA
Tues., Dec 15th	Prince William County Meet	Potomac High School	Dumfries, VA
Sat., Jan 9th	Bulldog Invitational	Liberty University	Lynchburg, VA
Sat., Jan 23th	Wildcat Winterfest	Mountain View High School	Stafford, VA
Fri., Jan 29th	Mid-Atlantic Track Clash	St. Christopher's School	Richmond, VA
Sat., Jan 30th	Mid-Atlantic Track Clash	St. Christopher's School	Richmond, VA
Mon., Feb 8th	Cardinal District Championship	Potomac High School	Dumfries, VA
Tues., Feb 9th	Cardinal District Championship (Pole Vault)	Forest Park High School	Woodbridge, VA
Thurs., Feb 18th	Northwest Region Championship	Prince George's Sportsplex	Landover, MD
Fri., Feb 26th	VHSL AAA State Championship	Boo Williams Sportsplex	Hampton, VA
Sat., Feb 27th	VHSL AAA State Championship	Boo Williams Sportsplex	Hampton, VA